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## Influence of the calcination temperature on morphological and mechanical properties of highly porous hydroxyapatite scaffolds

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#### Abstract

Bone tissue engineering is a promising approach for bone replacement or augmentation. However, the achievement of a high performing scaffold is still undergoing. In this work, the optimum calcination temperature value of the starting powder for the preparation of highly porous hydroxyapatite scaffold, fabricated by the sponge replica method, was assessed. Hydroxyapatite nanopowder was synthesized by the precipitation method and the influence of four calcinations temperatures (600, 700, 800 and 900 °C) on either powder characteristics or scaffold properties were exhaustively examined. Powder composition and grain size were determined by XRD, TEM and BET analyses. Composition, morphology, porosity, shrinkage and mechanical strength of the sintered scaffolds were determined by XRD, FT-IR, weight and dimension measurements and compression tests. The results showed that increasing the calcination temperature, the grain size of the HA powder increases and a higher grain size leads to a more resistant HA scaffold. The 900 °C calcinations temperature provide the best performing scaffold without inducing any phase transformation. The study here reported highlighted that the calcinations treatment is essential to fabricate high resistant HA scaffolds.

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Keywords: B. Grain size; C. Mechanical properties; Calcination temperature; Hydroxyapatite scaffolds

#### 1. Introduction

Nowadays the development of porous synthetic material as bone substitutes for the filling of both load-bearing and non-load-bearing application is much attracting in dentistry and medicine field [1–4]. Currently, when a bone injures and the damaged tissue requires repair, substitution or augmentation, the most adopted solutions is the use of autografts or allografts. Although both autografts and allografts present some undisputed advantages such as osteoinduction and osteogenity, they also have important drawbacks i.e. rejection or viral infection, high costs, scarce availability and trauma [5,6]. A synthetic scaffold could be a promising alternative to the current therapies [3–7].

As reported in literature, two key parameters for the obtainment of a successful synthetic bone substitute are both material and structure morphology [8].

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Hydroxyapatite (HA),  $Ca_{10}$  (PO<sub>4</sub>)<sub>6</sub>(OH)<sub>2</sub>, one of the most biocompatible ceramics, is a good candidate for the developing of promising synthetic scaffolds because its significant chemical and physical resemblance to the mineral constituents of human bones and teeth. It has excellent biocompatibility, bioactivity and osteoconductive properties [9–11].

Crucial factors influencing the processing of HA products are synthesis methods and properties of the starting powder. Among the numerous synthesis routes developed for the production of HA powder, the precipitation technique has been widely used [12]. It has been demonstrated [13] to allow the control of important powder parameters (such as, i.e., uniformity and nano grain size) and it is also a relatively simple and cheap process. Although, afterwards, in order to get a starting powder with suitable properties for high-quality sample forming and sintering, a heat treatment process, named calcination, is required to modify the raw nano-HA powder. Juang and Hon [14] studied the effects of calcination on the sintering behaviors of dense HA and found that the calcination not

only improves the properties of sintered HA, but it is also beneficial for several forming process like, for example, injection molding and slip casting because of a better packing of the ceramic grains and a more fluidity capability of the slurries.

A synthetic scaffold should resemble the natural bone not only in relation to the composition material but also to the structure morphology. A structure with a high and highly interconnected porosity should be hence mandatory for a synthetic bone substitute [15,16]. Due to its large surface area, porous scaffold simulates human bone structure for adhesion of biological tissue cell and growth of new bone phase [17,18]. The most common techniques that are used to create porosity in synthetic biomaterial include gel casting, slip casting, fiber compacting, solid free form fabrication, freeze casting and sponge replica method [19–28]. The most important feature of polymeric sponge method is that it makes possible the fabrication of scaffolds with required pore size and interconnected pores, which is necessary in order to allow cell migration, vascularization and nutrient diffusion [16,17].

The starting powder properties are all the more so important if not a dense sample but a highly porous ceramic scaffold has to be fabricated [29,30]. Hence, in order to get scaffolds with desired properties, the starting powder should have optimal surface area, particle size and crystalline phase. These parameters can be attained by proper calcination of the synthesized powder. Although the effect of temperature of calcination on the characteristics of a sol–gel synthesized HA powder and on the properties of dense HA samples has already been reported [12–14], at the best of our knowledge, the calcination temperature effect on morphological and mechanical properties of a highly porous HA scaffold has not been studied yet.

Therefore, aim of the present study is to investigate the relationship between the calcination temperature of a nano-HA powder prepared by the precipitation method and the properties of a highly porous scaffold prepared with the aforesaid powder. More in detail, the influence of the calcination temperature on the (i) grain size, (ii) surface area and (iii) composition of the HA powder synthesized by the precipitation method will be evaluated. Four different calcination temperatures will be analyzed (600, 700, 800 and 900 °C) and, with them, four typologies of scaffold (according to the powder used) fabricated by the sponge replica method. The changes in the sinterability, morphology and mechanical performance of the scaffolds prepared with the powder calcined at the four different temperatures will be assessed and presented.

#### 2. Materials and methods

# 2.1. Synthesis and characterization of hydroxyapatite powders

The HA powder was synthesized from the co-precipitation of Ca(NO<sub>3</sub>)<sub>2</sub>4H<sub>2</sub>O (Sigma Aldrich, Germany) and H<sub>3</sub>PO<sub>4</sub>

(Sigma Aldrich, Germany) at room temperature. The pH of the solution was maintained at 10 adding small amount of ammonia during the precipitation. The Ca/P ratio was kept 1.67 in order to get stoichiometric hydroxyapatite. After the precipitation the solution was aged in the water bath for 24 h. The precipitates were filtered and then dried at 100 °C for 24 h.

The obtained powder was divided in four groups that were calcined for 2 h each at one of the following calcination temperatures: 600, 700, 800 and 900 °C. The powders were named HA600, HA700, HA800, and HA900 respectively. The morphology and the particle size of the powder before and after calcination were evaluated by transmission electron microscope (TEM) analysis (HRTEM, Model Tecnai-Philips F30, FEI, Hillsboro, OR).

The influence of calcination temperature on powders composition, crystallinity and grain size was analyzed by powder X-ray diffraction (Rigaku, Tokyo, Japan). Phases were identified by comparing X-ray diffractograms taken from the experiment to standards complied by the Joint Committee on Powder Diffraction Standards (JCPDS) using the cards 09-0432 for HA.

The fraction of crystalline phase  $\chi_c$  present in the HA powders was evaluated by the relation [31]

$$\chi_{\rm c} = 1 - ((v_{112/300})/I_{300}) \tag{1}$$

where  $I_{300}$  is the intensity of (300) reflection and  $V_{112/300}$  is the intensity of the hollow between (112) and (300) reflections.

Coherent domain sizes (D) of all four powders were estimated according to Scherrer's equation

$$D = (0.9\lambda)/(B_{1/2}\cos q) \tag{2}$$

where  $\lambda$  is the wavelength of the x-ray (nm),  $B_{1/2}$  is the full width at the half maximum peak intensity,  $\theta$  is the Bragg diffraction.

The specific surface area (SS) of the powders was calculated by the Brunauer–Emmett–Teller method with nitrogen as the adsorbate gas (Nova 2200e from Quanta-chrome Instruments (Boynton Beach, FL)). The size of the crystallites was estimated from BET surface area by calculating the equivalent spherical diameter,  $d_{\rm BET}$ , from the following equation:

$$d_{\text{BET}} = 6/\rho \text{SS} \tag{3}$$

where  $\rho$  is the density of the powder. A density of 3.156 g/cm<sup>3</sup>, which is the theoretical density of stoichiometric HA, was used.

# 2.2. Fabrication and characterization of the porous HA scaffolds

To mimic the bone structure, that shows a high degree of porosity interconnection, the sponge replica method was used. Cubic sponges (dimensions of  $10 \times 10 \times 10 \text{ mm}^3$ , density of  $30 \text{ kg/m}^3$ , 25 ppi, kindly provided by ORSA Foam S.p.A.) were impregnated with four different

slurries, prepared with each powder, then well squeezed. The slurries (with approximately 70 wt% of solid load) were prepared using the following procedure: the calcined powders were dispersed in a 2 wt% of PVA solution. Dolapix (Dolapix CE-64, Zschimmer–Scwarz, Lahnstein, Germany) was used as dispersant to obtain an adequate viscosity of slurries for the impregnation. Before the sintering they were dried at room temperature for 24 h.

At last, the infiltrated sponges were heated to 500 °C at a heating velocity of 1 °C/min and held at 500 °C for 1 h in order to assure the burnout process of the foam was completed; afterwards, the samples were sintered at 1300 °C for 3 h then slowly cooled till room temperature. The scaffolds were named S-HA600, S-HA700, S-HA800, and S-HA900 according to the starting powder.

The purity and the crystallinity of HA scaffolds sintered till 1300 °C was evaluated by XRD analysis and the presence of functional groups was also analyzed by FTIR (Agilent 680-IR) within the scanning range of 4000–600 cm<sup>-1</sup>.

Micrographs at  $60 \times$  and  $2000 \times$ , taken using a scanning electron microscope (SEM; Philips XL30), were used to characterize the macroscopic and microscopic morphology of the sintered foams. A caliper was used to measure the linear shrinkage ( $\delta$ ) of scaffold as

$$\delta = 1 - l/l_0 \tag{4}$$

where  $l_0$  is the length of the green and l is the length of the sintered body.

The porosity of the ceramic foams was then calculated using the following:

$$P = 1 - \rho / \rho_{\text{HA}} \tag{5}$$

where  $\rho$  is the bulk density of sintered specimens and  $\rho_{HA}$  is the theoretical density of the pure HA (3.156 g/cm<sup>3</sup>).

The mechanical properties of the scaffolds were evaluated by compression tests. The tests were performed using a standard testing machine (Lloyd LR5K instrument, Fareham Hants, UK) equipped with a 1 kN load cell. The cubic scaffolds were tested under compression and the compressive stress was calculated from applied load and cross sectional area of the cube  $(\sigma = P/A)$  and plotted as function of the strain.

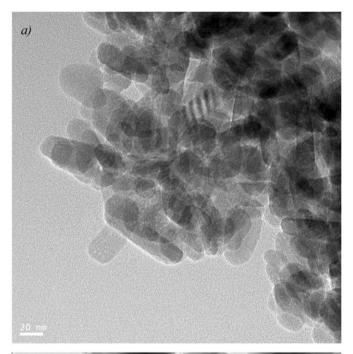
The stress at failure ( $\sigma_F$ ) (maximum fracture load/cross-sectional area) and the Young Modulus E (slope of the linear region of the stress–strain curve) were calculated for each samples.

#### 3. Results

# 3.1. Physical properties and composition of hydroxyapatite powders

To investigate the influence of the calcination temperature on the sinterability and mechanical properties of the HA scaffolds, four types of powders were prepared and characterized. The morphology and size of the HA powder

before and after heat treatment are shown in Fig. 1 where TEM images are reported. The HA particles both before and after calcination looks agglomerate, the uncalcined powder showa particle size of in the range of 30–40 nm while the 900 °C calcined increases to 150–200 nm. The XRD patterns of the four powders are shown in Fig. 2. The spectra of all powders (HA600, HA700, HA800 and HA900) show the diffraction maxima corresponding to a pure HA phase (JCPDS 09-0432) without any secondary phase. The intensity of the defraction peaks increases with calcination temperature while the peaks becomes narrower



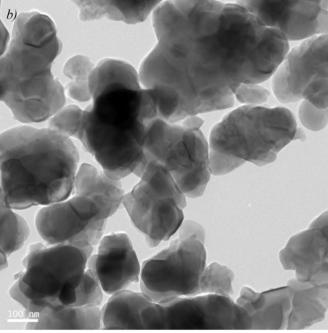


Fig. 1. TEM images of the HA powder before (a) and after (b) the 900  $^{\circ}\mathrm{C}$  calcination treatment.

indicating an increasing of the crystallinity because of the higher coalescence of the hydroxyapatite crystals. The crystalinity was calculated according to formulae (1) and the values are reported in Table 1 as a function of the calcination temperature. The crystallinity of HA powder reaches 52% when a calcination at 600  $^{\circ}$ C was performed and increases up to 87% when temperature reaches 900  $^{\circ}$ C.

The size of crystals was calculated according to Scherrer formula and the average values are reported in Table 1. Increasing the calcination temperature from 600 °C to 900 °C the crystal size increases linearly from 17 nm to 37 nm.

In Table 1, the specific surface area of the four HA powders is also reported. The SS of the powders decreases increasing the calcination temperature (from 38 for the HA600 to  $9 \text{ m}^2/\text{g}$  for the HA900) as a consequence of the equivalent grain diameter increase (from 52 nm to 220 nm).

### 3.2. Scaffold morphology, microstructure and composition

In Fig. 3(a) and (b) the XRD and FT-IR spectra of HA scaffold are shown. From XRD analysis it is clear that (i) the powder is thermally stable till 1300 °C, (ii) no secondary phases form and (iii) the crystallinity reaches 94%. From the FTIR spectrum, the absorption bands at wave numbers 1090, 1027 and 960 cm<sup>-1</sup> are associated with the characteristic of PO<sub>4</sub><sup>-3</sup> group, whereas, band at 3572 cm<sup>-1</sup> shows the characteristic stretching mode for OH<sup>-</sup>

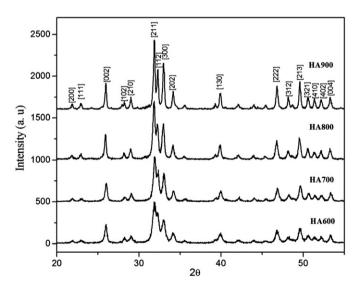
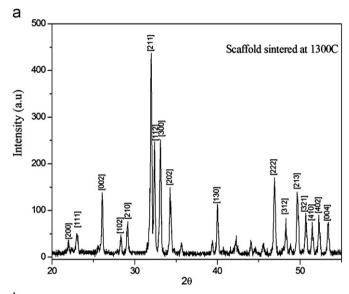


Fig. 2. XRD spectra of the HA powders at the four calcination temperatures (600, 700, 800 and 900  $^{\circ}\text{C}).$ 

group[32]. Thus, the FTIR analysis indicates the sintered scaffold is free from other impurities.

Fig. 4 shows the macrostructure of the four types of scaffolds S-HA600 (a), S-HA700 (b), S-HA800 (c) and S-HA900 (d). The four ceramic sponges exhibit a highly interconnected porous structure with open poreshaving an average size of 400–500 μm. From the SEM images reported in Fig. 4(a)–(c) ,it is possible to detect also the presence of micro-voids of sub-micron scale (secondary



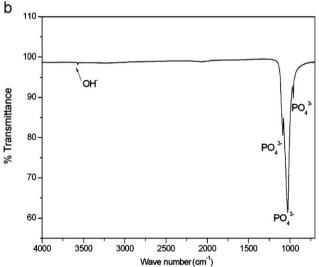


Fig. 3. XRD (a) and FTIR (b) spectra of the HA scaffold sintered at 1300  $^{\circ}\text{C}.$ 

Table 1
HA powder characteristics as a function of the calcination temperature.

Calcination temperature (°C)	χ <sub>c</sub> (%)	Crystal size (nm)	Specific surface area (m <sup>2</sup> /g)	Equivalent diameter (nm)
600	52 ± 4	17 ± 3	38	52
700	$67 \pm 3$	$21 \pm 4$	26	77
800	$79 \pm 3$	$27 \pm 4$	15	135
900	$87 \pm 2$	$37 \pm 3$	9	220

porosity, indicated by arrows). Instead, in the scaffolds made with powder HA900 (Fig. 4d), the presence of the micro-voids is significantly reduced. From the SEM

observation performed on the four scaffolds at higher magnification, the strut surface of the S-HA600, S-HA700 and S-HA800 scaffolds (Fig. 5(a)–(c)) appears not

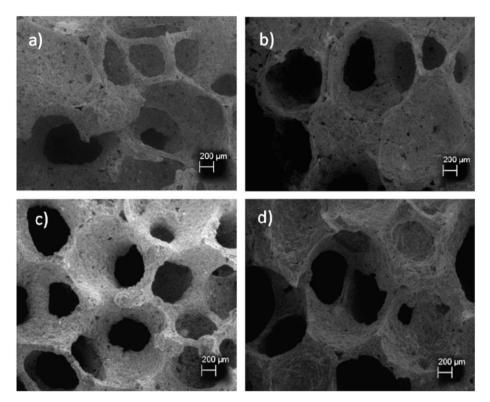


Fig. 4. SEM images of scaffolds S-HA600 (a), S-HA700 (b), S-HA800 (c) and S-HA900 (d) at  $60 \times$ .

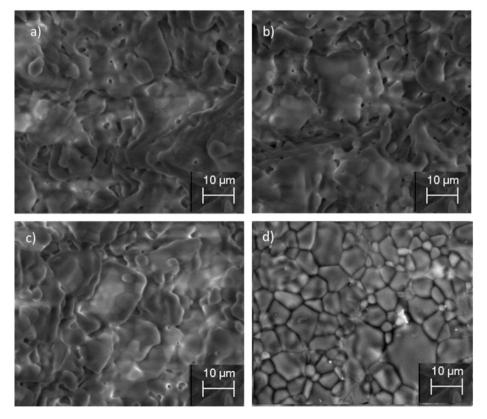


Fig. 5. SEM images of scaffolds S-HA600 (a), S-HA700 (b), S-HA800 (c) and S-HA900 (d) at  $2000 \times$ .

		-	
Calcination temperature (°C)	Linear shrinkage (δ) (%)	Bulk density $(\rho)$ (g/cm <sup>3</sup> )	<b>Porosity</b> ( <i>P</i> ) (%)
600	$16.9 \pm 3.4$	$0.67 \pm 0.03$	79 ± 1
700	$20.5 \pm 1.4$	$0.29 \pm 0.08$	$91 \pm 3$
800	$20.7 \pm 0.1$	$0.29 \pm 0.07$	$91 \pm 2$
900	25.6 + 2.5	0.34 + 0.06	89 + 2

Table 2 HA scaffold shrinkage, density and porosity as a function of the calcination temperature.

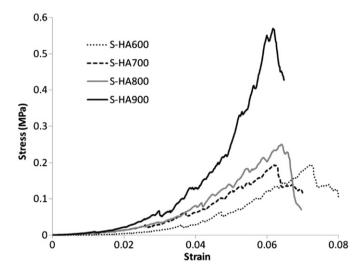


Fig. 6. Stress–strain curves obtained by the compression test performed on samples fabricated with the four powder calcined at the four analyzed temperatures: S-HA600, S-HA700, S-HA800 and S-HA900.

perfectly smooth with ceramic grains variable in shape and in size (between 2 and 8  $\mu$ m). The micro-voids detected in Fig. 4 are also visible here and show a submicron size (indicated by arrows). On the contrary, the microstructure of the scaffold S-HA900 appears very different with respect to the other scaffolds, the micro-voids are absent and the grain size well distinguishable with defined boundaries (Fig. 5(d)).

#### 3.3. Scaffold shrinkage, porosity and compressive strength

In Table 2 are summarized the linear shrinkage, the bulk density and the porosity percentages of the four types of scaffolds prepared with the different powders. It can be noticed that, increasing the calcination temperature, the linear shrinkage increases from 17% to 26%. The porosity is almost 90% for all scaffolds except for those prepared with the powder calcined at 600 °C that presented a lower porosity value of 78%.

Fig. 6 shows the stress–strain curves for the scaffolds synthesized from all the ceramic powders calcined at 600, 700, 800 and 900 °C. The curves show the typical trend of ceramic materials subjected to compression test: after an initial compaction phase, the slope changes and the stress increases linearly up to failure. In Table 3 the average and

Table 3 Mechanical properties of the HA scaffold as a function of the calcination temperature.

Calcination temperature (°C)	Failure stress $(\sigma_F)$ (MPa)	Young modulus (MPa)
600	$0.18 \pm 0.10$	$1.08 \pm 1.09$
700	$0.17 \pm 0.08$	$4.76 \pm 0.43$
800	$0.20 \pm 0.06$	$7.34 \pm 1.88$
900	$0.48 \pm 0.08$	$28.09 \pm 9.3$

the standard deviations of failure stress (maximum stress) and Young modulus values are reported for S-HA600, S-HA700, S-HA800 and S-HA900 scaffolds. According to linear shrinkage behavior, stress at failure increases increasing the calcination temperature. The S-HA900 scaffolds showed the superior mechanical properties with a maximum stress value equal to 0.48 MPa and a Young modulus of about 28 MPa.

### 4. Discussion

The precipitation method used in this study allowed the synthesis of a pure nano-HA. The XRD analysis showed that no secondary phases are present either in the uncalcined or in the calcined powders. The thermal stability of the HA powder at high temperatures such as 900 °C depends on the initial ratio of the precursors (i.e. Ca/P) and also on the synthesis route employed for HA production as already reported by Sanosh KP et al. [33,34].

The TEM analysis showed that the grain size of the uncalcined powder increases from 30 nm to 200 nm increasing the calcinations temperature to 900 °C. These results are well accordance with the grain size obtained from specific surface area measurement by the BET method that provided an equivalent diameter of 220 nm for the HA900.

The powders obtained according to the four calcination temperatures were successfully used to get scaffolds with a high porosity (90%) with well interconnected pores. The porosity and the interconnection of the macropores in a bone substitute are considered essential for the ingrowth of the bone tissue and a pore size greater than 300 µm is desirable in order to promote osteogenesis [35]. All the scaffolds fabricated in the present study own the morphological requirements to perform the function they are

designed for, as indicated by SEM images (Figs. 4 and 5) that show a high interconnection and a pore size of about 500  $\mu$ m. However, the S-HA600 presented porosity significantly lower than the others. In this case, the slurry did not present the suitable viscosity, therefore, in order to get a uniform impregnation of the polymeric sponge, a bigger amount of ceramic slurry had to be used, causing a significant increase in the bulk density of the scaffold and hence a substantial decrease of the porosity.

The mechanical characterization evidenced that the S-HA900 are the most performing scaffolds, showing a compression resistance of about 0.5 MPa higher [36,37] or significantly higher [38,39] than mechanical resistance reported by other authors. Moreover, the mechanical results obtained with the calcination temperature of 900 °C has been validated by a statistical model reported in a previous study of the same authors [40].

Decreasing the calcinations temperature, the mechanical strength decreases significantly while the shrinkage decreases. This should be a result of an imperfect sintering probably due to a bad coarsening of the powders. In fact, the calcination at a high temperature (few hundred below the sintering temperature) makes the ceramic powder more reactive inducing during the sintering phase higher grain coalescence and consequently an increase of the linear shrinkage. More in detail, finer HA powder at low calcination temperatures provides more surface as driving force of sintering but, at the same time, Van der Waal force becomes more significant, retarding the packing of HA powder. Therefore, the calcination increases the efficiency of powder packing, though driving force is sacrificed in the mean time. In this study, calcination treatment at 900 °C results beneficial on the sintered scaffolds properties because leads to the best compromise between the two effects described above.

### 5. Conclusions

The present study demonstrated that (i) the calcination treatment performed on HA powder synthesized by precipitation method did not induce any phases transformation; (ii) a reduction of surface area and an increase in the grain size was obtained by increasing the calcination temperature from 600 °C to 900 °C; (iii) the composition of the scaffold obtained by the polymeric sponge method using the powder calcined at the four analyzed temperatures was not affect by the sintering temperature of 1300 °C (iv) the optimal scaffolds with the highest mechanical strength were obtained when starting powder underwent calcination treatment at 900 °C and (v) the key factor governing the sintering mechanism could be that the calcination increases the efficiency of powder packing more than the driving force due to surface area.

We can conclude that the calcination treatment is a mandatory step for producing high performing scaffold for the bone tissue-engineering application.

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